

Look Up For Power Lines and Stay Safe

Safe Electricity Urges Caution and Awareness

Things we see every day can almost fade from view. But failure to notice high voltage power lines can be a deadly oversight. Safe Electricity wants to raise awareness about the dangers of overhead power lines and the precautions to take around them.

With so many people active outdoors, power line awareness is even more crucial.

Often when we undertake outdoor activities, we don't even think about power lines. Taking a few moments to become aware of your surroundings is a critical step to keeping yourself and your loved ones safe. Safe Electricity encourages everyone to follow these guidelines as they prepare to work outdoors this year:

- Look up and around you. Always be aware of the location of power lines, particularly when using long metal tools like ladders, pool skimmers and pruning poles. Lower your long equipment when you are moving it. Carry ladders and other long items horizontally whenever possible.
- Be careful when working on or around your roof, installing rooftop antennas and satellite dishes, doing roof repair work or cleaning gutters. Never go up on the roof in bad weather.
- Be especially careful when working near power lines attached to your house.
- Never trim trees near power lines – leave that to the professionals. Never use water or blower extensions to clean gutters near electric lines. Contact a professional maintenance contractor.
- Never climb trees near power lines. Even if the power lines aren't touching the tree, they could touch when more weight is added to the branch.
- If your projects include digging, like building a deck or planting a tree, call your local underground utility locator before you begin. Never assume the location or depth of underground utility lines. This service is free, prevents the inconvenience of having utilities interrupted, and can help you avoid serious injury.

Another instance where people often come in contact with power lines is through vehicle crashes. In accidents that bring down power lines, our instincts tell us to flee danger. However, it's almost always best to stay in your vehicle and wait for help.

If you must get out because of fire or another danger, jump clear of the vehicle without touching it and the ground at the same time. Then hop with feet together —don't run or stride. Electricity spreads out through the ground in ripples, like a stone dropped in water. The voltage is highest in the ring closest to the vehicle and decreases with distance. Hop with feet together so that one foot won't be in a higher voltage zone than another, which could make you a conductor for electricity!

If you come upon, or witness an accident involving toppled power poles and lines, don't leave your vehicle to approach the accident scene. Often our inclination is to step in and help those in danger and offer assistance to the injured. However, in accidents involving power poles, the best thing you can do is call for help. Wait for trained assistance to arrive, or you could become an additional victim in need of rescue.



Calendar Pictures

I know we just started a new year, but now is the time to be thinking about taking pictures that you would like to submit to Cedar-Knox PPD for our next calendar in 2017. Or perhaps you have a current picture that you would like to share with us.

Only requirements are that they depict local scenery or events in Cedar and Knox counties and that you submit them to us via email as file with a .jpeg extension.



If we use your picture, you will receive a small prize from us, and recognition for the picture.

Deadline to submit pictures to carolmac@hartel.net is July 15th, 2016.

#ThankALineman

You have friends in high places.

Appreciation Day

April 11, 2016 is National Utility Lineman Appreciation Day. Our linemen are appreciated by us every day, but if you have a chance please consider letting them know on this day.





Recipe Corner

Olive, Bacon and Cheese Bread

Instructions:

In large bowl, whisk together the wine, oil, eggs and salt.

Separately, mix the flour and baking powder, sift and stir into the liquid preparation.

Chop the onion finely and melt in a skillet with a bit of olive oil or butter.

Add the bacon to onions and cook for a few minutes then set aside. Take care of draining the mixture to avoid a soggy dough.

Slice the olives and parsley and cube the ham.

Add all ingredients and grated cheese to the basic preparation and mix.

Pour into a buttered loaf pan, 9 x 5 inch.

Bake in the oven for 1 hour at 360 degrees F.

- 5 fl oz white wine
- 3 1/3 fl oz olive oil
- 4 eggs
- 1/2 teaspoon salt
- 2 1/2 cup all-purpose flour
- 1 teaspoon baking powder
- 5 ounces grated Swiss cheese or cheddar
- 1 large onion
- 3 1/2 ounces bacon
- 7 ounces cured ham, already cooked
- 3 1/2 ounces black olives
- 3 1/2 ounces green olives
- 2 tablespoons chopped parsley

Stork Report Congratulations



We are happy to announce that Pam and Jason Heikes welcomed a daughter to their family on December 13, 2015. Lainey Jean weighed 6lb 11.5 oz and 20 inches long. She is also welcomed by brother Dylan 5, and a sister, Lily who is 3. Congratulations to you all.



Merit Gause Photography

2016 Youth Energy Leadership Camp— Not Just Another Camp

There is a camp this summer that you should attend at Halsey, NE **July 11-15, 2016**. It is the Nebraska Rural Electric Association, NREA Youth Energy Leadership Camp.

No it is not just another camp! It is a unique opportunity to go to a **FREE CAMP**, meet new friends, learn more about electric utility industry and have a chance to win a **Free Trip** to Washington DC. The only requirements from you, are that you are currently a 9th, 10th or 11th grader in a high school in our service territory and that your parents/legal guardians are rate payers to Cedar-Knox PPD, you have leadership potential and an awesome personality!

Please fill out the form below and return to CKPPD office no later than May 1st, 2016.

2016 YOUTH ENERGY LEADERSHIP CAMP APPLICATION FORM

Name _____ Age _____ Current Grade _____

Address _____ Phone number (____) _____

City _____ State _____ ZIP _____

Name of parents or guardian _____

Sponsoring rural electric system _____

Irrigators NOTICE

Electrical rates were adjusted January 1, 2016 by only and average of 1.5% overall. Irrigation rates were affected using a new methodology. PLEASE READ your irrigation letter CAREFULLY this spring, this change will be explained in greater detail. If you have any questions, please do not hesitate to contact us.

Cedar-Knox Scholarship

Unfortunately, this year we had no applicants for the Martindale Utility Line Scholarship, for this fall.



Easter Greetings!



Our office will be closed starting at noon on **Good Friday, March 25th**.

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