

Make Time for Safety This Harvest Season

Harvest season often means putting in long hours, which can make it difficult to stay alert and on the lookout for potential hazards. Safe Electricity provides safety tips to help farmers make this harvest season a safe one.

Be prepared for potential emergencies before the rush of harvest season begins. Be sure that you can see well in work areas. Consider adding extra lighting around grain bins and augers.

Take the time to look up and look out for electrical lines. Always be aware of where they are in relation to your equipment. Keep a minimum of 10 feet away from all electrical equipment, and lower extensions before moving equipment. If you see a power line that is sagging or low, contact your utility. Also keep an eye out for guy wires. While these wires are not energized, they can bring down live lines.

In equipment with auto-guidance systems, less focus is needed on steering, which may lead some drivers to think that they do not need to be as aware of navigation issues. Yet, even while using a GPS with

auto-steering, farm workers need to keep safety in mind and stay focused on their surroundings. Recognize when you need to take breaks so that you can be active and engaged in the farm work.

Additional electrical safety tips include:

- Use a spotter when operating large machinery near lines.
- Inspect the height of farm equipment to determine clearance.
- Look up and use care when moving any equipment such as extending augers or raising the bed of grain trucks around power lines.
- Always set extensions to the lowest setting when moving loads to prevent contact with overhead lines. Grain augers should always be positioned horizontally before being moved.
- Never attempt to move a power line out of the way or raise it for clearance.

If the machinery you are operating does make contact with a power line, stay on



the equipment. Immediately call 911, warn others to stay away, and wait for the utility crew to cut the power.

Only on the rare occasion that the machinery catches fire should you leave the vehicle after contact is made. If this is the case, jump off the equipment with your feet together and without touching the ground and machinery at the same time. Then, still keeping your feet together, hop to safety as you leave the area. Never touch anything that is in contact with a power line.

For more information on electrical safety, visit SafeElectricity.org.

80 Years and Going Strong

For eighty years the residents of Cedar-Knox PPD service territory have been able to enjoy the most basic necessity of electricity. Even though back in the thirty's it was considered a luxury at first, I don't think any of us could imagine our life without this service. Cedar-Knox Directors

and Employees have always considered it a privilege to serve our customers, and in celebration of that, we had an Open House on September 26, 2017. Approximately 175 people attended and refreshments and giveaways were offered. A door prize was held for all customers who attended and

the winners were. Adam Neuhalfen - a Tablet, Marvin Grindvold - a Google Home and Duane Hoelsing - a Sound bar. Congratulations.

We still have a lot of calendars, pens and LED bulbs that will be available at our office for a limited time, so please stop by and get some.





Recipe Corner

Peanut Butter Energy Balls



These Simple No Bake Chocolate Peanut Butter Energy Balls make the perfect snack, breakfast, or even dessert! They're packed with protein and taste like a Peanut Butter Cookie!

INGREDIENTS

2 cups of old fashioned rolled oats
½ cup of ground flax seed
1 tablespoon of black chia seeds
1 teaspoon of cinnamon
½ cup of raw honey
½ cup of peanut butter
1 teaspoon of vanilla extract
1 scoop Vanilla Whey Protein Powder
½ cup of dark chocolate chips

DIRECTIONS

- Add rolled oats, ground flax seed, chia seeds (optional), cinnamon, honey, peanut butter, vanilla extract, and vanilla protein powder to food processor.
- Pulse until ingredients are blended. (about 7-9 times)
- Add mixture to a large bowl, add in chocolate chips. Stir to combine.
- Form energy bite mixture into 1" balls and place on parchment paper lined baking sheet.
- Cover and place in refrigerator for 2 hours. Will keep in refrigerator for up to 7-10 days.
- Very healthy snack, less than 20 calories per ball, and kids love them.

Holiday Notices



**Our office will be closed
on the following days:**

- Veterans Day • November 10, 2017
- Thanksgiving • November 23-24, 2017
- Christmas • December 25, 2017
- New Years • January 1, 2018

Memorial Trees at CKPPD

We have started a tradition of planting a tree in memory of those we have lost here at CKPPD. Rod Goeden, CKPPD employee, has been donating and moving in evergreen trees starting with Jeff Steffen (CKPPD employee), Dylan Becker, son of Miranda and Eric Becker (employee) and now Dan Leise our General manager who passed recently. One other past employee of CKPPD that we are designating a tree for is Frank Andrews. Frank was killed in an electrical accident while on duty some 40 years ago now. Even though it has been so long ago, we felt he deserved this recognition. **We remember...**

*Always loved
Never forgotten
Forever missed*



Revolving Loan Funds Available to You

If you are contemplating starting a new business, improving or expanding a current business Cedar-Knox PPD might be able to help. Ten years ago CKPPD in partnership with Northeast Economic Development District, established the Revolving Loan Fund to assist individuals within our territory of Cedar and Knox counties to start or improve a business that would promote economic development.

We have had some very successfully ventures such as the Providence Therapy Clinic in Laurel, Burbach Dairy near Hartington and Downtown Auto in Crofton. As a matter of fact, Providence Therapy Clinic just paid their last loan installment to the Revolving Loan Fund program. These very low interest loans are available and we are eager to assist another project in your community. Please contact Jackie Kathol at 402-254-6291 or jackiek@hartel.net for more details on this program.

15th Anniversary

Brad Steffen celebrated 15 years in September as a Cedar-Knox PPD employee, and is currently a Journeyman Lineman. Brad and his wife Jackie, have 3 children, Breah, Kynlee and Levi. Congratulations Brad and thanks for your dedication to CKPPD.



Memorial Scholarship

Cedar-Knox PPD has awarded a scholarship in Memory of Harold Martindale since 1981. The \$2,000 scholarship will be awarded to a student who is enrolled in the two-year Utility Lineman Program for this fall and who is attending Northeast Community College.



Applications are open and must be submitted to Northeast Community College by March 1, 2018. Applications may be obtained from the website northeast.edu or from your guidance counselor at your local school. Qualifications will be outlined by Northeast Community College. If you have questions, you can also contact us at Cedar-Knox PPD.

Call us!

When calling CKPPD be sure to use either 402-254-6291 or 800-891-5196. We have several lines but these are the only two numbers you should ever use to call us during regular hours and especially after hours. Your call will not go through after hours if you don't use one of these two numbers, 800-891-5196 or 402-254-6291.

Thank you.